### Bagging your stones

**BAG 1**
- 6 Back
- 4 Leg

**BAG 2**
- 7 Spinal
- Layout

**BAG 3**
- 6 Chakra
- 2 Hand

**BAG 4**
- 8 Toe
- 4 Leg
- 4 Arm
- 2 Trigger

**BAG 5**
- 2 Face
- 2 Face
- 4 Leg
- 4 Face
- 4 Leg
- 2 Face

Pack the heater left to right with Bag 5, 4, 3, and 2, on the bottom and Bag 1 and the belly stone on the top.

Check that the stones are packed evenly and below the water level, the lid closed and the thermometer in place.

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Stones Therapy Prompt

Prepare hot, cold stones, crystals. Client prone - Clean feet

1. Grandfather stone to sacrum
2. Chakra stones - R, S, SP, H, TE chakra
3. Eye stones cold
4. Arm stones
5. Trigger & 2 Face stones

Remove all tucked stones, crystals crown - root, chakra, spinal

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