**ITEC Level 3**  
**Unit 381 - Provide Reflexology for Complementary Therapies**  
**Case Study and Evidence of Treatments Assessment Form**

100 reflexology treatments to be performed and the outcomes documented. These must include 40 case studies - 10 clients treated a minimum of 4 times each plus evidence of an additional 60 treatments.

*To be completed by the lecturer/assessor and the quality assurer and externally verified by the ITEC. Please attach a copy of this form to the front of each candidate’s completed case study/evidence of treatments documentation.*

Candidate Name:  
Student Number:  
Centre Name and ID Number:  
Date:

<table>
<thead>
<tr>
<th>Please tick box</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultation</td>
<td></td>
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<tr>
<td>Medical History</td>
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</tbody>
</table>
| Brief client profile and general lifestyle details  
(inc. Stress levels at home and stress levels at work – on a scale of 1-10) |     |    |
| Treatment Plan  |     |    |
| Reading of the feet – each treatment |     |    |
| Foot chart noting any sore/painful/lumpy/grainy reflexes or crystal deposits found for each treatment |     |    |
| Client feedback |     |    |
| Home care advice including recommendations for self treatment |     |    |
| Case studies only:  
Self reflection and evaluation at the end of each treatment |     |    |
| Case studies only:  
Any CPD requirements |     |    |

100 treatments completed – Yes ☐ No ☐

*Please note; each box must be ticked ‘Yes’ in order to gain a pass grade. If any area is answered ‘No’ the case studies/evidence of treatments will be referred until the omitted section is completed.*

Signed by the Lecturer/Assessor  
Signed by the Candidate

Quality Assured by:  
ITEC External Examiner/Verifier:

Name:  
Name:

Signature:  
Signature:

Date:  
Date: